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Beyond Continental: Our 3 Favorite Free Hotel Breakfasts

By Lisa Freedman

Sometimes, a free hotel breakfast includes little more than a tray of stale muffins and a stack of sad mini cereal boxes. But many chains seem to be upping their breakfast games, offering all sorts of goodies worth getting out of bed for. Here's a look at three top-notch (free!) breakfast spreads available across the country.



1. Embassy Suites by Hilton

All hotel guests can take advantage of free cooked-to-order breakfast options, which a spokesperson calls an "approachable, upscale experience." Among the most popular options: the Greek yogurt and toppings bar and the omelette station. Menus vary by location, but offerings often include fruit, oatmeal, bacon, pastries, and more.